



MENU: BREAKFAST

Served from 5am to 10:30am

The Plant grew from the desire to make it easy and affordable to eat delicious, healthy and organic food. Everything we serve is made exclusively with organic and local ingredients. Welcome to our table.

FRESH. ORGANIC. LOCAL.

JUICES 16 oz / 9.00

All juices are made fresh using raw & organic ingredients.

Carrot Juice fresh squeezed carrots

Skin Refresher cucumber, apple, strawberry

Citrus C Blend orange, apple, strawberry

Immune Builder carrot, apple, lemon, ginger

Healthy Sunrise carrot, beet, orange, apple, lemon

Green Basic kale, apple, celery, parsley, lemon

Good Start kale, broccoli, celery, apple, ginger

Body Cleanser carrot, celery, apple, lemon

Spicy Red with Green beet, kale, celery, apple, ginger

SMOOTHIES 16 oz / 8.25

All smoothies are made fresh using organic ingredients.

Açai Berry açai berry, strawberry, mango, banana, agave, double hemp protein, orange juice

Protein banana, blueberry, hemp protein, almond butter, coconut milk + choice of additional milk

Strawberry strawberry, date, agave, choice of milk

Banana Almond banana, almond butter, agave, choice of milk

Green Banana Almond banana, almond butter, kale, almond milk

Chocolate Banana banana, organic chocolate syrup, agave, choice of milk

Blue Green banana, blueberry, spirulina, almond milk, coconut milk

Sambozen C banana, blueberry, strawberry, açai berry, lemon, apple / orange juice blend

BREAKFAST

All Organic Breakfast two farm fresh scrambled eggs, country potatoes, + choice of: English muffin or bagel 7.25

Breakfast Burrito scrambled eggs, chipotle black beans, roasted potatoes, fresh salsa, cheddar cheese & avocado in a whole wheat tortilla 9.25

Breakfast Bowl farm fresh scrambled eggs, chipotle black beans, country potatoes, fresh salsa, cheddar cheese & avocado with whole wheat sourdough toast 8.75

Breakfast Panini farm fresh scrambled eggs, cheddar cheese on ciabatta bread 7

Egg Sandwich scrambled eggs, cheddar cheese on choice of English muffin or bagel 6.25

+ add chicken apple sausage or turkey bacon to any dish 3

Granola & Fruit yogurt, house-made granola, seasonal fruit 8.50 

Seasonal Fruit 6.5  

Banana Bread 3.25 

Seasonal Muffins 3.75 

Seasonal Scones 3.75

Wheat Bagel 3

Oatmeal topped with of brown sugar, pecan, raisin, cinnamon 6 

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consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness
all sales subject to 2% employee benefit surcharge

 **vegan**  **gluten free** *not 100% organic ingredient